Course Directions: The 10K course starts on the concrete Trinity Trail at Panther Pavilion south of the Henderson Street Bridge. It proceeds southwest and south on the Trinity Trail; west across the Tilley Bridge; turns south on the concrete Trinity Trail to the turnaround point #1 just south of Merrimac Circle; proceeds back north on the concrete Trinity Trail crossing under I-30, Lancaster Avenue, 7th Street, and Henderson St; proceeds east across the downtown pedestrian bridge located north of Henderson; turns northeast on the concrete trail continuing north to turnaround point #2 under the Main Street Bridge; turns back south, west and south on the concrete Trinity Trail and finishes south of the Henderson Street Bridge.

Start - On the concrete Trinity Trail on the east side of the Trinity River, 94' 4" north of the north edge of the concrete base of a blue TRWD "Welcome to Panther Island Pavilion" sign located on the east side of the trail and north of the 911 CF27 sign.

1 Mile - On the concrete Trinity Trail, 165' 6" north of the 911 CF72 sign located on the west side of the trail south of Cottonwood Drive.

2 Mile - On the concrete Trinity Trail, 22' 8" south of the south concrete pillar located underneath the eastbound I-30 Bridge.

Turnaround #1 - On the concrete Trinity Trail, 117' 10" south of the south edge of the brown Clearfork Food Park building located on the west side of the trail south of Merrimac Circle.

3 Mile - On the concrete Trinity Trail, 47' 9" north of the northeast corner of the concrete base of the wooden park bench in honor of Phyllis Tilley located on the west side of the trail and north of the I-30 Bridge.

5K - On the concrete Trinity Trail, 171 1" south of the southeast corner of the concrete base of a wooden park bench in "Memory of Mary and Ted Penner" located on the west side of the trail just north of Old University Drive.

4 Mile - On the concrete Trinity Trail, 10' south of a green "Trinity Park Looped Trail" sign located on the west side of the trail just south of the Lancaster Bridge.

5 Mile - On the concrete Trinity Trail on the west side of the river, 70' north of the north concrete pillar located underneath the N. Henderson Street Bridge.

Turnaround #2 - On the asphalt Trinity Trail, 40' northeast of the Historical Marker "Paddock Viaduct" located on the south side of the trail underneath the Main Street Bridge.

6 Mile - On the concrete Trinity Trail on the east side of the river, 24' 10" south of the south edge of the concrete base of the second gray city light pole #20 located on the east side of the concrete trail north of the Henderson Street Bridge.

FINISH - (same as start)